

2020/21



**CYPRI
aner
HOF** 1175 m

in THE
middle
of nature



WE OWE A LOT TO OUR BEAUTIFUL NATURE. AS HOTEL OPERATORS WE KNOW THIS. WE THEREFORE DO EVERYTHING WE CAN IN ORDER TO PRESERVE OUR SURROUNDINGS.

Only then it is truly healthy to take a breath!



welcome



nature in THE HEART

↙ Located amidst
the UNESCO World
Natural Heritage,
the Dolomites!



- Rooms furnished with natural wood furniture, a lot of glass and Loden fabrics warm natural wooden floors
- Low-energy house standard A with
- Awarded the highest Climate House certification
- Heating systems, which do not affect our mountains: our wood-chip heating plant burns CO2-neutral grinding waste from our forests, the photovoltaic system takes advantage of the sun, and energy in Tiers generated from water power
- Healthy nature cuisine with local, ecological and socially acceptable products, which origin from an energy-saving and environmentally friendly production and use, and which are chosen based on the season
- Thanks to the modern saltwater electrolysis system, we can do without all of the additives, such as chlorine
- Energy-saving LED lighting

- Located directly at the hiking trail network of the Rosengarten Mountain
- Adventure-Naturwellness
- Travelling without car with bus stop directly at the hotel
- possibility to hire an electric car for a Dolomites tour



HEALTHY and REGIONAL

IN THE MORNING:

- Mountaineering breakfast buffet
- Freshly squeezed fruit juices
- Fresh farming products such as vegetables from Untergamp farm, strawberries from the Passeiertal, eggs from the Kohlstatt farm

IN THE EVENING:

- 5-course gourmet menu (3 menus to choose from) with Homemade creations
- Theme menus
- Italian and Mediterranean creations
- Culinary traditions
- Vast salad buffet
- Antipastibuffet
- Antipasti buffet
- Homemade pasta and ravioli with regional flour
- Dishes with "RegioKorn"
- Meat from South Tyrol
- Vegetarian dishes
- Sweet delights from the buffet

WINE TASTING WITH CHEESE AND HOME-MADE CHUTNEY IN THE WINE CELLAR (25,00 €) WITH OUR SOMMELIÈRE SILVIA



FROM THE KITCHEN

MONIKA DAMIAN

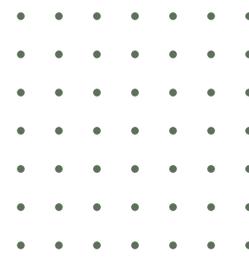
In the kitchen we only use the best products from our surroundings. And this you can taste in all of our homemade dishes! In this way we avoid unnecessary package waste, long transport routes – and thereby support the UNESCO World Natural Heritage, the Dolomites.



*Chef de cuisine
Monika Damian*

TASTE THE SURROUNDINGS





Here even inside the hotel you enjoy holidays amidst Rosengarten's nature.

Not only, because the selection of construction and furnishing materials was done based on environmental protection. Also, because the use of wood, stone and large glass fronts provide cosiness and take advantage of the sun in an optimal way during any season of the year.

- Local stone and natural wood – the materials in our Alpine rooms
- The scent of larch and pine helps you to fall asleep
- Sofa, armchair, spacious bathrooms, bidet, shower, sink and hairdryer are part of the basic facilities
- The bizarre rocks of the Rosengarten greet you when looking out of the windows and from the balcony
- Plenty of light and air in all rooms
- The wood from the surroundings in our wood chip plant heating system provides the heat that we need
- Awarded with the Tyrolean Eco Label

cosiness



active in winter

← Gardeccia



Curious? Always up-to-date on
www.cyprianerhof.com →



Extract from our

WEEKLY WINTER PROGRAMME

SUNDAY

- 08.00 Sun Salutation
- 09.50 Snow shoe hiking tour: Malga Haniger with Heidi
- 10.00 We recommend today the ski area Carezza
- 18.00 Welcome evening and presentation of the weekly programme



- 15.30 Climbing exercise with Andreas in Laurin's climbing wall
- 18.00 Herbs peeling in the steaming bath
- 21.00 Carezza Snow Night

MONDAY

- 08.00 Water gymnastics
- 08.15 Skisafari around the Rosengarten
- 08.30 Introductory course to ski touring
- 09.00 Snow shoe hiking tour with Heidi to the Tschamin Valley
- 16.00 Uhr Respiratory Training „Buteyko“
- 17.00 Primordial silver Quartzite sauna ritual
- 18.00 Sauna fragrance- Vitalpina
- 21.00 Lantern walk

Wolf pit yoke – Passo Nigra with final sledge ride

- 10.00 Ski school with Marco
- 10.00 For our little guests: exploring traces in the snow
- 16.00 Gymnastic for the vertebral column
- 17.00 Honey infusion in the pine sauna
- 21.00 Wine and cheese tasting in our wine cellar

WEDNESDAY

- 07.15 With the Ski guide to „World War Tour“
- 08.30 Guided ski tour to the Valbon Valley
- 08.30 Snow shoe hiking tour: Duron Valle – Alpe di Siusi
- 09.50 Snow shoe hiking tour: Latemar – Labyrinth path with small

THURSDAY

- 08.00 Freeride off-piste at the Sellagroup
- 08.30 Snow shoe hiking tour: Ciampedie rifugio Roda di Vaël with Martin
- 09.50 Snow shoe hiking tour: Völsegger Alp - Baumann Hut – Messnerjoch Hut with final sledge ride
- 10.00 Ski school with Marco
- 11.00 For our little guests: Let's build an igloo



TUESDAY

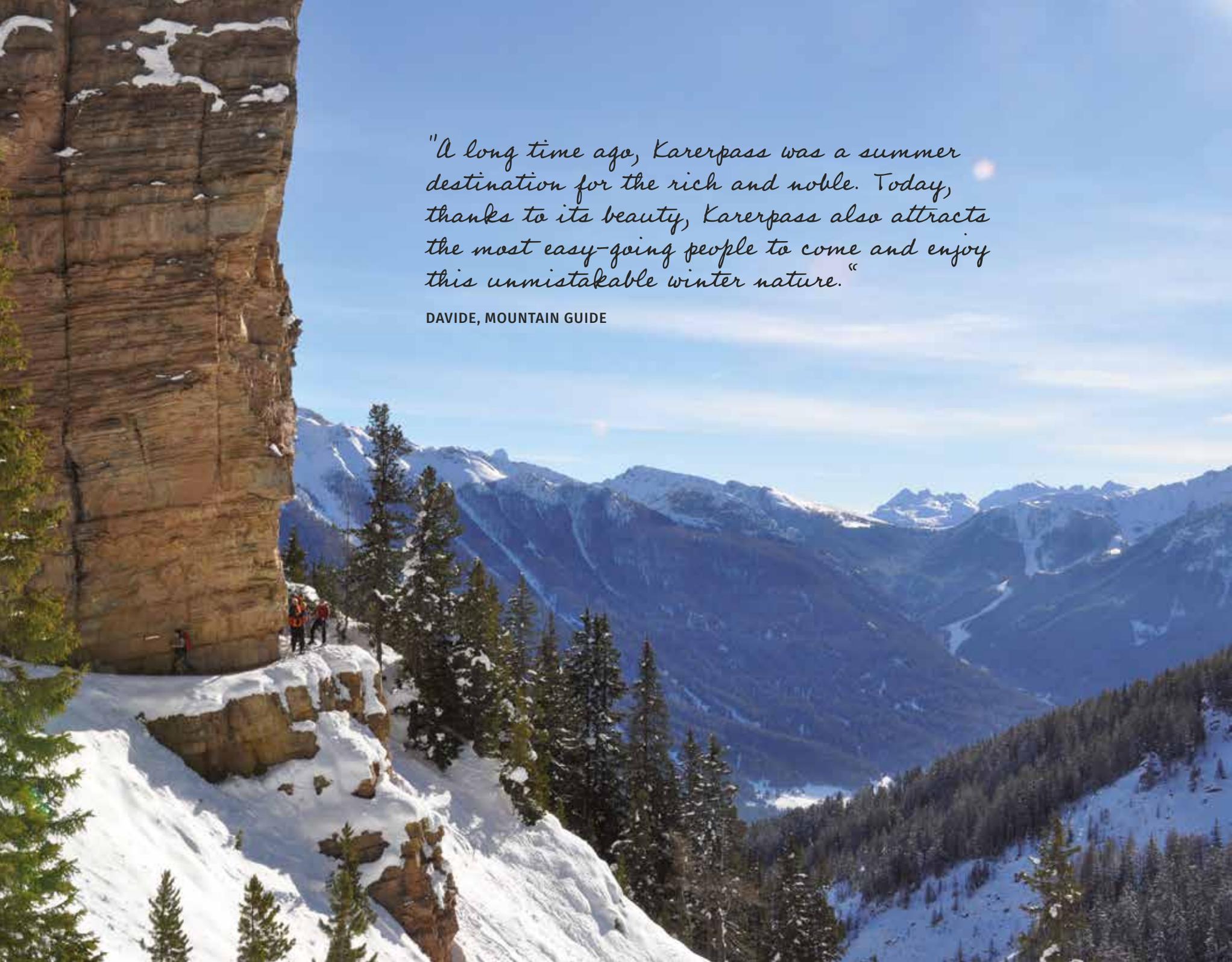
- 08.15 Snow shoe hiking tour: Alpe di Siusi - Puflatsch with Artur
- 08.30 Guided ski tour to the Plattkofel
- 09.50 Snow shoe hiking tour:



- 16.00 Preparing Schüttelbrot (rye bread) with baker master Johannes
- 17.00 „Herbal Inferno“ infusion in the pine sauna - our hottest for Sauna professionals
- 18.00 Sauna fragrance with singing bowls

FRIDAY

- 07.50 Skisafari Marmolada
- 08.00 Waking up „Do-In“
- 09.00 Snow shoe hiking: bears' trap and Knüppel-way with Artur
- 10.00 Introduction to ice climbing
- 10.00 Snow shoe hiking tour: Prösels – Cyprianerhof
- 16.00 Relaxation for muscles
- 18.00 Refreshing sauna ritual



"A long time ago, Karerpass was a summer destination for the rich and noble. Today, thanks to its beauty, Karerpass also attracts the most easy-going people to come and enjoy this unmistakable winter nature."

DAVIDE, MOUNTAIN GUIDE



SNOW-SHOE AND SKI TOURS

Achieving new destinations in an unmistakable nature landscape with power and stamina.

- Snow-shoe hikes start directly at the Cyprianerhof in the Schlern-Rosengarten Nature Park
- Avalanche-safe due to the special landscape characteristics in the Rosengarten area
- Daily up to three guided snow-shoe hikes with different levels of difficulty
- Accompanied by certified mountain or hiking guide
- No prior knowledge required for snow-shoe hiking
- Introductory course at the start of the week
- Equipment rental: high-tech snow-shoes, poles, avalanche transceiver and rucksack included in the Snow-Shoe Hiking Week package
- Tips for the ideal equipment in different snow conditions
- Thanks to a sign-posted snow-shoe hiking trail network you can also hike without guide
- Your car can stay in the garage





THE CAREZZA SKI RESORT

South Tyrol's sunniest ski resort at the bottom of the Rosengarten and Latemar mountains in the UNESCO World Natural Heritage site the Dolomites.

40 km of perfectly groomed slopes of different levels of difficulty await guests from the start of December to the start of April for skiing, carving, snowboarding, telemark in the unique Dolomite landscape in the Carezza Dolomiti Superski ski resort. The great cross-country tracks, winter hiking trails, toboggan runs, the Christmannos Snow Park, and an adventurous evening programme with night skiing and night sledging guarantee variety. Skiing pleasures for the whole family in the sun-spoiled Carezza ski resort with 8 hours of sun per winter day! From the first steps on snow to ski tours for the whole family: the Ski Schools Karersee and Rosengarten guarantee perfect lessons, ski courses for children, child care in King Laurin's Kinderland and great offers for adults.



Ski shuttle every 15 minutes and new cable car King Laurin!





We extend your holiday by one day!



Here you can find all the dates!

DEALS

4=3

7=6

SNOW SHOE HIKING WEEK

+ 84€
p.p.

(BEGINNER)

- Daily guided snow-shoe hikes
- Equipment rental: high-tech snow-shoes, poles, spats and avalanche transceiver
- Wellness voucher: 35€

Minimum stay: 5 days

SKI TOURING WEEK

+ 412€
p.p.

- 4 ski tours with a state certified mountain guide
- Guided snow-shoe hiking tours daily
- Equipment rental: high-tech snow-shoes, poles, spats and avalanche transceiver
- Wellness voucher: 70€

Minimum stay: 6 days

2-4 participants / add. charge + 564€ p. pers.

5-7 participants / add. charge + 412€ p. pers.

CAREZZA ALL INCLUSIVE

from
1.309€
p.p.

- 5 days skipass for Carezza Dolomites
- 6 x starter plate with mineral water at a ski hut
- All non-alcoholic refreshments (soft drinks) in the hotel
- 5 days ski equipment

Minimum stay: 7 days

10.01. - 31.01.2021

06.03. - 04.04.2021



active

in summer



Rotwandspitze



Extract from our

WEEKLY SUMMER PROGRAMME



SUNDAY

- 09.50 am Latemar - rocky labyrinth
- 10.00 am Lady sauna in the steam bath
- 4.00 pm Kids Program
- 4.30 pm Sauna fragrance- Vitalpina
- 6.00 pm Welcome evening and presentation of the programme
- 6.45 pm Aperitivo lungo accompagnat with music
- 9.00 pm Today after dinner we invite you to a Grappa on our hiker's bar

MONDAY

- 7.50 am Around the Rosengarten
- 8.00 am Sun Salutation with our fitness coach Andreas
- 8.00 am Alpe di Siusi - Pufletsch
- 8.15 am Via ferrata Roda di Vaél
- 10.00 am Introductory course: Mountain bike
- 10.30 am Kid's program: Orienteering hike for kids
- 3.00 pm Bodytuning Workout
- 3.00 pm From 3.00 until 5.00 pm we serve you sweet crêpes
- 4.00 pm Find peace within yourself
- 5.00 pm Meditation sauna
- 6.00 pm 4 seasons infusion in the "Schupfensauna"

TUESDAY

- 5.00 am Sunrise hike
- 8.00 am Introduction for fixed rope route
- 8.30 am Bärenfalle Hammerwand
- 10.45 am am Kid's program: The new creative tour in Aica di Fiè
- 11.00 am Kneipp walk along the "Schwaiger brook"
- 3.30 pm Respiratory Training "Buteyko"
- 5.00 pm Herbs peeling in the steaming bath
- 5.00 pm climbing practice with the alpine guide at the Cyprianerhof
- 6.00 pm Sauna ritual Tyrolean style in the hay sauna
- 9.00 pm Wine and cheese tasting in our vine cellar with sommelier Silvia

WEDNESDAY

- 8.00 am Ferrata Passo Santner
- 8.00 am Rosengarten peak
- 9.20 am "Purgamötsch"
- 9.45 am Children program: A morning at the farm
- 3.30 pm Suspension Training (TRX)
- 3.30 pm Preparation of "Tierser Schutza"
- 4.30 pm Relaxation for muscles
- 5.30 pm Meditation sauna

- 6.30 pm "Herbal Inferno" infusion in the Schupfensauna
- 8.30 pm Grappa degustation with fine grappas and acquavite from the distillery Marzadro in our hiking bar
- 5.00 pm-9.00 pm am Exhibition in the school of Tires: the world of the bees

THURSDAY

- 7.25 am Climbing on the Vajolet towers
- 7.30 am Catinaccio d'Antermoia
- 8.00 am Waking up "Do-In"
- 8.00 am Alpe di Siusi - Alpe di Tires- Sciliar - Cyprianerhof
- 9.20 am to the marmot valley a hiking tour under the towers of the Maserè
- 10.30 am Kid's program: For young adventurers - On the "Tschetter hole"
- 4.00 pm Gymnastik for the vertebral column
- 5.00 pm Honey infusion in the "Schupfensauna"
- 6.00 pm Sauna infusion "Africa" in the "Schupfensauna"

FRIDAY,

- 7.30 am Via ferrata to Marmolada
- 7.50 am Scaliaret - Antermoja

- Pass - Ciamin valley
- 8.00 am Walking barefooted through the nature
- 8.00 am Climbing tour - Roda di Vael area
- 9:00 am Bike along the "Schlern" and "Hammerwand"
- 9.20 am Around the Cigolade towers
- 10.00 am Lady sauna in the steam bath
- 10.30 am am Kid's program: Big treasure hunt
- 4.30 pm Slackline - how to balance like the professional climbers
- 5.30 pm "Mysticism of Gregorian" sauna ritual in the hay sauna
- 6.30 pm 4 seasons infusion in the "Schupfensauna"



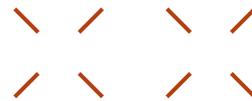


DOLOMITES HIKING ADVENTURE

What could be more beautiful than hiking through nature?

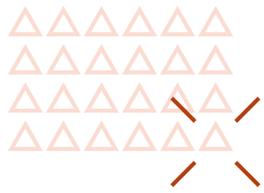
- Hiking trails starting directly from the hotel
- Ideal hiking position at the bottom of Rosengarten Mountain in the UNESCO World Natural Heritage, the Dolomites
- Alpine meadows, mountains and spruce forests around the house
- Mythical legends of King Laurin
- Extra sunny position – more than 300 days of good weather per year
- 20 guided hiking tours per week
- In the company of professional, state certified mountain and hiking guides
- As a hiking hotel we fully devote ourselves to the mountains
- Hiking information point
- Hiking bus
- Equipment and outdoor service
- Hiking rucksack, hiking poles, drinking bottle, climbing harness, helmet and climbing set, snow-shoes, avalanche transceiver and shovel for rental
- Awarded 5 Mountain Crystals by the Wanderhotels Group

*Hiking
guide Julian* →



UNSER JUNGSPUND

Communicative, sociable and open - this description fits Julian, who enriches our team for almost a year. The 28-year-old youngster comes from Tires and likes to spend his free time in nature - not only for hiking, but also for traveling and doing yoga. Thanks to his yoga formation in India, he also works as a yoga teacher in our hotel! Julian is an enthusiastic outdoor athlete and nature lover. His positive character passes always on to his surroundings and he puts a smile on everyone's face!





Here you can find all the dates!

DEALS

4=3

7=6



We extend your holiday by one day!

mountain- eering weeks

+190€
p.p.

- The first Via Ferrata with a state certified mountain guide
- Equipment rental: climbing harness, fixed-rope climbing set, helmet
- Wellness voucher: 70€

Minimum stay: 4 days

Hike & BIKE

+157€
p.p.

BELVITA MOUNTAIN ACTIVE

- 4 guided hiking tours
- 3 guided mountain bike tours
- leg massage

Minimum stay: 6 days

ALPINE CLIMBING

+170€
p.p.

DAY TOUR

Wonderful climbing tours on Dolomite peaks for a maximum of 2 participants. You choose the summit (Rosengarten, Vajolet Towers, Sella Towers, Santner Peak ...)

1 participants / from 300€ p. pers.
2 participants / from 170€ p. pers.

FIXED ROPE CLIMBING WEEKS

+545€
p.p.

- 4 fixed-rope climbing tours with a state certified mountain guide
- Equipment rental: climbing harness, fixed-rope climbing set, helmet
- Leg massage
- Hiker's pedicure

Minimum stay: 6 days





OUR BIKE HOTEL IN THE DOLOMITES

*A paradise for cyclists.
Pedal your way to holiday
happiness!*

The Dolomites – they are not only a place of longing for experienced Alpinists but also for die-hard mountain bikers. Our bike hotel in the Dolomites is situated in the middle of this dream-like scenery, the source of your perfect flow experience. Directly in front of our hotel in South Tyrol, there is a unique biking area where you can collect countless trail kilometres and lots of unforgettable experiences on the saddle during your bike holiday in the Dolomites.



← *Carezza Trail*

Attractive mountain summits



Unspoilt landscapes, majestic peaks, clear blue skies, and the activity programme of our Belvita Active hotels – these are the ingredients for an unforgettable active holiday in South Tyrol for hikers, climbers, bikers, skiers, and snowboarders. Guided tours, free equipment rental, special lift rates, and much more are all included.

As a member of the Belvita Leading Wellnesshotels Südtirol, this hotel promises the highest quality at all levels.



BELVITA LEADING WELLNESSHOTELS SÜDTIROL
T +39 0473 499 499 . wellnesshotels@belvita.it . www.belvita.it


 *Similde*
SPA





Welcome to the
SIMILDE SPA

At the beginning of twilight when a light, fresh breeze comes down to the valley from the red shining Rosengarten, tired hiking feet come to the Similde Spa. Experience a combination of old traditions and modern Spa science in our products and treatments.

We live and work with the most intelligent laboratory in the world ... – nature – our biggest idol and partner.

TREAT YOURSELF AND YOUR BODY TO SOME TIME OUT. WE ARE LOOKING FORWARD TO MEETING YOU!

Similde-Spa team



SÜDTIROL Balance

+50 €
p.p.

PURE RELAX AT THE ROSENGARTEN

03.05.–25.06.2021

- Participation in the daily Südtirol Balance program
- Daily guided hiking tours
- Time-out relaxation massage

Minimum stay: 7 days

BREATH DEEPLY

+114 €
p.p.

All year

- Free breathing - Wild thyme & Stone pine massage
- Alpine fango & Mountain pine pack

Minimum stay: 2 days

*We extend your
holiday by
one day!*



Here you can find all
the dates!

Deals

4=3

7=6

alpine wellness

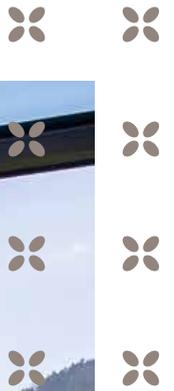
+181 €
p.p.

All year

- Mountain salt peeling
- Time-out relaxation massage
- SPA pedicure

Minimum stay: 2 days



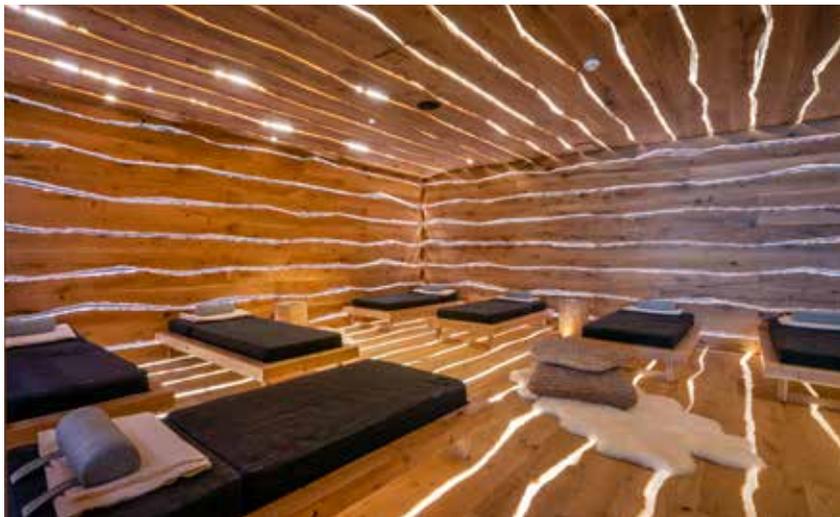


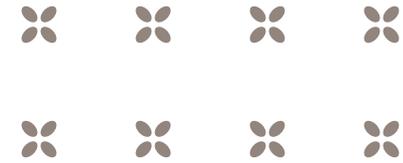
new year, new WELLNESS LUCK!

From now on new highlights await you in our Similde SPA!

ALLOW YOURSELF TO PAUSE AND BREATHE IN DEEPLY

Take a seat in our extraordinary salt stube and strengthen your immune system in our new glass sauna. Afterwards the new relaxation room with panoramic view invites to relax. Make yourself comfortable in the new infrared loungers and let your thoughts free, while your view wanders over the impressive rock formations. The magnificent panorama can be admired also from our new outdoor salt water whirlpool following an adventurous day in the mountains.





SOURCE OF VITALITY

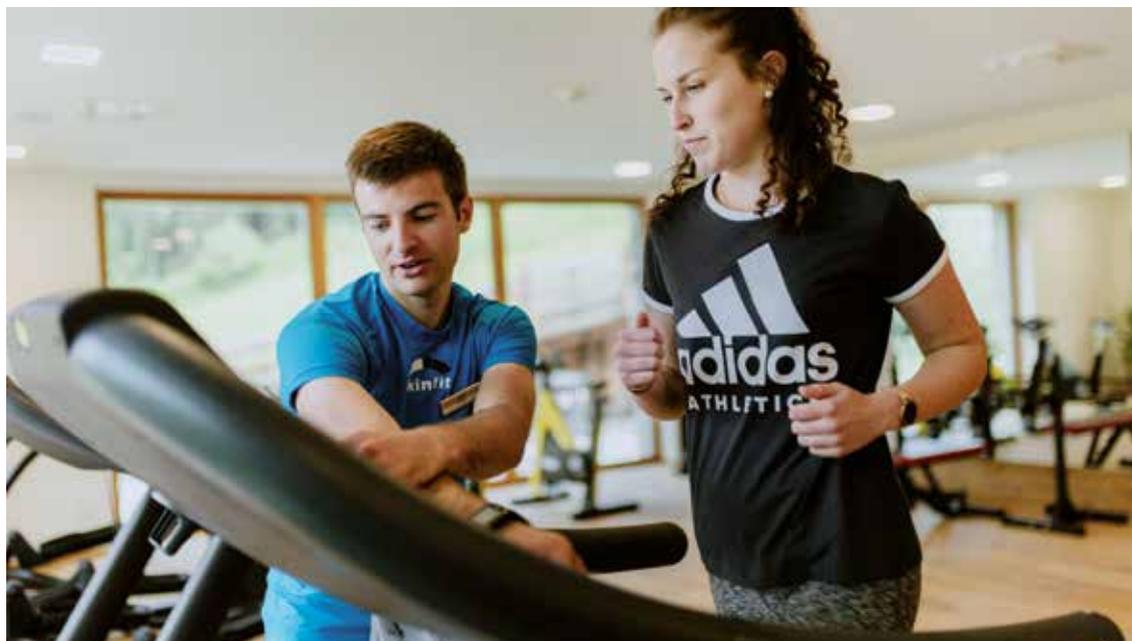
The low content of salt makes swimming in the salt-water pool a true benefit for your skin.

RELAX IN, WHILE ENJOYING THE VIEW OF ROSENGARTEN MOUNTAIN. In this natural setting, surrounded by greenery, you can freshen up after a sauna or on hot summer days. The 24 m-long natural lagoon is not heated and is 24 m long. Various aquatic plants, phyto and zoo planktons are testimony of the high quality of the water.



FITNESS AND GYM ROOM

If you want to stay fit on holidays, our new, sunlit fitness room is at your disposal, and features Technogym equipment which you can use round the clock. Our fitness coaches will be happy to show you how to use the equipment. Our comprehensive relaxation and fitness program offers a hug number of opportunities to relax and switch of from the daily routine. The program encompasses body awareness, meditation, daybreak walks, mountain bike and e-bike tours, Kneipp river trails, climbing, mountain trekking.



Kinderland

With our fun Kinderland to enjoy, even the youngest guests will be in their element while the mums can relax in the sauna, take a dip in the pool or treat themselves to a massage. Kinderland is well-equipped with games that kids love including air-hockey, a slide, a labyrinth table, a baby corner and a farmyard jigsaw puzzle. During the holiday season, we also provide full-day childcare and an adventure-packed outdoor program with geo-caching, a fun day at the farm, a climbing day at the Kaiserstein and caving adventures at the Tschetterloch cave.

For your wellbeing

OUR ALPEN ROOMS



VALBON ROOM

Approx. 28-32 m² with a beautiful view of the alpine meadows and Schlern Mountain; with safe, telephone, flat-screen TV, mini-bar, WIFI and a walk-in cupboard.



NATURE ROOM SALTNER

Approx. 32-40 m² furnished with Loden fabrics in an Alpine lifestyle flair with wooden larch floors from our forests. Large window with lots of sun in the afternoon, and a spacious bathroom with floor heating. Flat-screen TV, mini-bar, WIFI and safe.



EDELWEISS ROOM

40 m² with a view of the Rosengarten Mountain in scenting pine wood, safe, flat-screen TV, WIFI, cosy seating area with sofa or armchair and wooden larch floor. A spacious bathroom with WC, bidet, shower, spacious sink, hairdryer and floor heating.



TRAUN SUITE

Approx. 41 m² with a splendid view of the Schlern and Tschafon mountains. The separate sleeping area in an alpine rural style features a telephone, flat-screen TV, mini-bar, WIFI, safe and a spacious bathroom, while the old wood living area provides a truly cosy atmosphere.



ALPINEA VAJOLET

Homely Alpine room of 35 m² with scenting pine wood, a cosy seating area and wooden larch floor. Flat-screen TV, mini-bar, WIFI and safe. The spacious bathroom with WC, bidet, shower and a big sink, hairdryer and the heated floor invites you to linger.



LAURIN ROOM

With a breath-taking view of the Rosengarten, cosy living and sleeping area over 30 m² in a rural style; with telephone, flat-screen TV, mini-bar, WIFI, safe and walk-in cupboard.



SCHLERN ROOM

With homely living and sleeping area in South Tyrolean flair over 26 m²; with telephone, flat-screen TV, mini-bar, WIFI and safe. You enjoy a relaxing view of the Schlern Mountain.



JUNGBRUNN FAMILY

with separate children room on about 42m², equipped with chopped oak, loden cosy living area with couch and armchair. The window area gives a panoramic view of the scenery of the Schlern massif. Flat-screen TV, WI-FI, mini bar and safe, and a bathroom with large shower, washbasin hair-dryer, separate bidet and toilet complete the comfortable atmosphere.



Find all the prices on
www.cyprianerhof.com



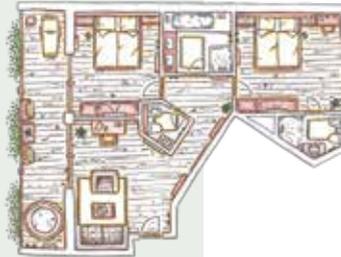
DELAGO

on 35 m2 with chopped oak, loden cozy living area with sofa and a large window area in front of the unique backdrop of the Rosengarten massif. Flat-screen TV, WI-FI, mini bar and safe, spacious bathroom, large shower, washbasin hair dryer with separate toilet and bidet.



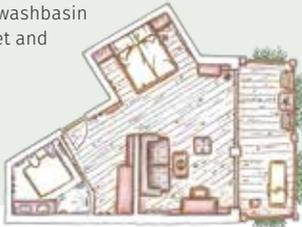
GARTLSUITE

with approximately 73 m² with two cozy bedrooms equipped of chopped oak and loden living area with sofa and a window area in front of the unique backdrop of the Rosengarten massif. Flat-screen TV, WI-FI, mini bar and safe. Two bathrooms with spacious showers, sinks hair dryer and separate toilet and bidet.



JUNGBRUNN

with approximately 40 m² with chopped oak, loden cozy living area with sofa and large window area overlooking the marvelous scenery of the Schlern massif. Flat-screen TV, WI-FI, mini bar and safe. A spacious bathroom with large shower washbasin hairdryer toilet and bidet.



SINGLE ROOM JUNGBRUNN

on 20 m² in modern Alpine lifestyle flair. Equipped with chopped oak, loden, cozy armchair and large windows face against the beautiful backdrop of the Schlern massif. Flat-screen TV, WI-FI, mini bar and safe. A modern bathroom with shower, toilet, bidet, sink and hair dryer



December 2020	January 2021	February 2021	March 2021	April 2021	May 2021
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31	31	31	31	31	31

June 2021	July 2021	August 2021	September 2021	October 2021	November 2021
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30	30	30	30	30	30
31	31	31	31	31	31



*We are founding members
of the community Wander-
hotels – best alpine
(since 1995).*



IMPORTANT NOTES

- Room with breakfast only: Reduction Euro 7,00 per day.
- Single room surcharge in the Stone Pine nest Room from 40,00€
- Room service Euro 10.00
- Dogs upon request: fee of Euro 41,00 (in high season Euro 47,00) per day without food (please bring your own blanket or basket). Please note that pets have no access to the dining room, the sun lawn or the wellness area.
- Arrival: On the day of arrival the rooms are ready from 3 p.m. The day of departure we request the rooms to be vacated by 11.00 a.m.
- Late Checkout: Enjoy the wellness area also on the day of departure (Euro 38.00).
- Cancellations: Room cancellations are only valid if submitted in written form. Up to 3 months before the start of your holiday: no cancellation fees / from 3 months to 1 month: we will invoice you for 40% / from 1 month to 1 week before – 80% of your pre-booked stay from the last week to 2 days before – 90% of your pre-booked stay. From 2 days before, in case of delayed arrival or early departure - 100% of your pre-booked stay
- Travel Cancellation Insurance: covers all cancellation costs in case of accident, illness or death. If you want to purchase travel cancellation insurance please use the form that you find attached with your booking confirmation.
- Deposit: To confirm the booking definitely, we require a deposit payment of Euro 450.00 (in high season 30% of the booked stay) to our bank account IBAN IT91 Z060 4511 6000 0000 7300 467 (Swift: CRBZIT2B090) Sparkasse or a confirmation of your Travel Cancellation purchase. Please pay in cash
- or by credit card. We ask you to pay package week bookings in advance. Unused services will not be refunded. Please note that you can book certain room categories, but not certain room numbers or floors.
- Not included in the accommodation rate is the Tourist Tax* of Euro 2.50 per person (from 14 years) and night, which has to be paid on-site. *Legal Tourist Tax („Community Taxes“ law no. 9 from 16.05.2012).
- This price list invalidates all previous price lists. Misprints and errors excepted.

GOOD TO KNOW

What's included and constitutes wellbeing in the Cyprianerhof:

CYPRIANERHOF PAMPERING BOARD

- Wonderful and vast mountaineer breakfast buffet with vitality corner, freshly squeezed fruit juices and products from local farmers
- Sundays: Champagne breakfast
- Buffet with fresh and crunchy salads from Moni's kitchen
- 5-course gourmet menus with South Tyrolean and Italian dishes prepared by our daughter Monika and the kitchen team
- Fridays: dessert buffet
- Sundays: presentation of the weekly programme with the mountain guides
- Music evenings with the alphorn musicians and jazz concerts (depending on the season)
- WIFI internet access throughout the hotel
- Tea bar and fresh South Tyrolean apples in the Similde SPA wellness area
- Weekly wine and cheese tasting in our wine cellar (Euro 25.00)

WANDERN FIT UND ALPIN

- A lot of documentation on hiking and climbing can be found at the hiking information point
- Hiking tips from our hiking and climbing professionals
- For children: kids adventure days with cave adventure, geo caching and 3x weekly child care (during holiday periods)
- Shoe cleaning station and shoe-drying machine
- Daily hiking suggestions
- Cyprianerhof alpine news at your breakfast table with daily tips and information for your hiking day
- Rental of branded equipment as a service for our hiking guests such as rucksacks, telescopic poles and drinking bottles
- As a Hiking Hotel we fully devote ourselves to the mountains, 20 guided tours per week
- Daily guided hiking tours (comfortable tours with a difference in altitude of about 300-400 metres and a walking time of approximately 4-5 hours at the start of the week, and more demanding hikes with a difference in altitude of about 800-1500 metres and a walking time of about 6-8 hours from the middle of the week)

- Introductory climbing course for beginners, from spring to autumn (depending on the package you booked, a participation fee may be requested)
- Guided e-bike tours several times a week. E-Bike rental (depending on the package you booked, a rental fee may be requested)
- Mountain-bike rental (for free)
- Rental of high-tech snow shoes (depending on the package you booked, a fee may be charged)
- Rental of poles for snow-shoe hiking
- Weekly beginners course for snow-shoe hikers
- Guided snow-shoe hikes daily (sometimes 2 different levels of difficulty)
- Guided ski safaris in the most beautiful of the Dolomite mountains (medium level of skiing knowledge required)
- Special rates at ski schools

WELLBEING AND RELAXATION

- Free access to the "Similde SPA" wellness area
- King Laurins' wellness basket for the duration of your stay with cosy bathrobes, towels and slippers

- Cyprianerhof sun lawn with free view of King Laurin's Rosengarten
- Free access to a the climbing wall and fitness room

SUSTAINABLE ARRIVAL

- We will pick you up at the train station or the airport in Bozen (Euro 75,00), airport Innsbruck (Euro 280,00) Verona (Euro 310,00) and Munich (Euro 510,00) night rate from 8 p.m - 7 a.m: Euro 15,00 - 20,00 surcharge
- Bus stop right outside the hotel
- Bus connection to Bozen every hour
- 5 times a day bus connection to the Alpe di Siusi and Passo Carezza
- Mobilcard available for the whole stay, including all the public transports in South Tyrol
- Ski shuttle to the Karersee ski area every 15 minutes
- your shuttle from the bus - or trainstation Bolzano to the hotel: www.suedtiroltransfer.com



BERGHEIM GUESTHOUSE

The Bergheim Guesthouse is located approx. 350 m from Cyprianerhof and is accessible by walking through a field. The Tschamin rooms are located in this building. All other services such as breakfast, dinner, wellness area and pool are located in the main building. The wellness basket with bathrobe, slippers and towels is stored in a locker in the main building.



STONE PINE NEST

Stone pine nest in the guest house „Bergheim“ (only 350m from the main house through a meadow reachable) with fragrant pinewood in a modern alpine lifestyle. Wooden floor warming stone flooring in the bathroom, with a view to St. Cyprian and the mount Tschafon. Equipped with WIFI, telephone, minibar, TV and safe. Breakfast and dinner either in the Cyprianerhof.



*Holiday apartments
in Petersberg/Deutschnofen*

FRANZN

APARTMENT 1

Cosy holiday apartments over 40m² in a bright oak wood, furnished with kitchen with microwave, dishwasher and electric stove. Separate living room with full window front, large terrace balcony, safe, flat-screen TV, internet access, homely seating area with sofa and wooden oak floor. Bathroom with WC, shower, hairdryer and floor heating.

APARTMENT 2

Large holiday apartment over 100 m² in bright oak wood. Kitchen with microwave, dishwasher and electric stove. A full glass front living room with homely seating area, sofa, oak wood floor, 2 separate sleeping rooms, large terrace, safe, flat-screen TV, internet access. Bathroom with WC, bidet, bathtub, shower, hairdryer and floor heating and separate guest WC.





GREAT LOCATION: Our hotel is located amidst the most beautiful hiking regions in Austria, South Tyrol, Lombardy and Germany. The hiking trails start directly at the hotel.

ALPINE COMPETENCE AND EXPERIENCE: In each of our hotels you'll meet passionate hikers and experienced hiking experts who will be at your disposal to give advice when planning your tours.

GUIDED TOURS: On 3 to 5 days a week we offer free guided tours with our mountain guides: from family hikes to selected peak tours.

EQUIPMENT SERVICE: In our hotels you can rent equipment such as hiking poles, rucksacks and child carrying rucksacks free of charge depending on availability.

HIKING TAXI: We are pleased to bring you to the starting point of your personally planned hiking tours in the region and will pick you up at the agreed location.

WELLNESS: After an extended hike you can relax in the sauna, the steam room or during a massage or a cosy bath with alpine herbs.

CULINARY DELIGHTS AND HEALTHY CUISINE: We'll spoil you with culinary delights from our region, healthy wholefood and vegetarian specialties.

5 Mountain Crystals: Wanderhotels (Hiking Hotels) with 5 Mountain Crystals meet the highest demands of true hiking and nature freaks. They convince with top hotel facilities, excellent cuisine, comprehensive wellness facilities, many extras and a vast hiking programme with 4-5 organised tours of different levels of difficulty every week.

THE PHILOSOPHY OF THE VITALPINA HOTELS SOUTH TYROL: Vitalpina delineates a way of life that brings a conscious sense of nature and the surrounding landscape into resonance with one's own self, drawing strength, vitality and creativity. We see our mountain nature as a valuable resource between Alpine and Mediterranean landscapes, and would be happy to share with you during your holiday.

STAYING ACTIVE – BEYOND HIKING: LIVING! Vitalpina's Staying Active concept in an approach towards quality of life. It means being proactive in diverse ways: physical movement outdoors, immersing yourself in nature, active and introspective downtime, a keen interest in local everyday culture and taking responsibility for your own health and nutrition.

VITALPINA WELLBEING – BEYOND FEELING GOOD: GROWING: The strength-giving properties of South Tyrol's pristine nature cannot be overvalued. That's why Vitalpina's Feel Good program utilizes Mother Nature to the fullest, in a sophisticated, sense-oriented and authentic way, through soothing, nourishing and fragrant treatments utilizing locally sourced wellness products such as mountain herbs, quartz stone, hay, whey, arnica, juniper and apple.

VITALPINA DINING - BEYOND GOURMET FOOD: HEALTHY EATING: Vitalpina cuisine stands for wholesome and environmentally focused nutrition and for conscious enjoyment of easily tolerated, regional dishes using seasonal products.





CYPRIANERHOF

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